



# TANGLEWOOD GROUP

*Where caring and community come together.*



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### ***Look forward to your future.***

At The **Tanglewood Group**, we believe in living out retirement your way. When you were a kid, you couldn't wait to grow up. You longed for the time when Mom and Dad would let you go out on dates. Getting your driver's license. Moving into your own home and making your own rules. But with that independence came responsibility. Chores. Bills. Stress.

Your children are raised. You've toasted your final day at the office. You're ready to mow your last lawn and scrub your last tub. You're ready to start looking forward to your future again.

Whether you're looking to simply give up the hassles of homeownership, or you realize that you're starting to need assistance with some daily activities, **Tanglewood** offers a living option and environment that promotes your independence while giving you the opportunity to explore new hobbies and focus on family without chores or stress getting in the way.

***The environment you want.***

***The care you need.***

Maybe you love the bustle of the center of town, with people on the move, cars on the go, business and shopping options close by. When you take a walk, you want to see people, see the world, and connect with your community. We have a residence for you.

Or maybe you like the calm of a more peaceful location, with lush trees, the sounds of nature and the smell of fresh air. When you take a walk, you want to enjoy the beautiful world around you and connect with your own thoughts or a friend. We have a residence for you, too.

Whether you're looking for bustle or calm, rural or city, total independence or a little extra help, The **Tanglewood Group** has the right place for you.

No matter your level of care, or your budget, you'll fit in here.

Look forward to your future again with The **Tanglewood Group**.





RESIDENCES

# TANGLEWOOD MANOR

Just because you need a little extra assistance each day doesn't mean you shouldn't live a full and active life. **Tanglewood Manor** offers assisted living options to seniors who require some help with things like personal care and medications, but are still able to enjoy daily activities and social events.





**Tanglewood Manor** gives you and your loved ones the peace of mind that you're in a safe environment, surrounded by staff who treat you like family and friends who share your interests.

With over 100 weekly hours of scheduled activities, our residents find it's easy to devote time to a favorite hobby, or even to develop a new one! Whether you enjoy gardening,

fishing, sports or other games, there's always something to get involved in at **Tanglewood!**

Set on a beautiful four-acre park, **Tanglewood Manor** has a fishing pond, picnic pavilion and paved nature trails that let you and your visitors safely enjoy life in the great outdoors!



## TANGLEWOOD MANOR SERVICES:

- Customized wellness programs
- Personal care assistance
- Medication and healthcare assistance
- Nutrition assistance and full meal service
- On-site beauty salon and grooming assistance
- Banking and business assistance
- Scheduled transportation
- On-site fitness center
- Full housekeeping services, including laundry
- Parties, activities, events, and more!





## ***MEMORY GARDEN***

If you or a loved one are dealing with the impact of Alzheimer's disease or other memory impairment issues, you know that managing care for those effected requires extra patience, understanding and compassion. The **Tanglewood Group** understands this on a personal level. **Memory Garden** opened in 2002 in memory of Louis Ferreri, the founder of The **Tanglewood Group**. When we say memory care is personal, we mean it.



**Memory Garden** offers residents the opportunity to feel independent while maintaining a high level of safety and care. Our staff members undergo special training in caring for those with memory impairments, and we offer a variety of services and activities specifically designed for the enjoyment and comfort of **Memory Garden** residents.

Located on the same stunning four-acre park as **Tanglewood Manor**, **Memory Garden** also features enclosed courtyards with gardens and walking paths, as well as indoor lounges and large group activity areas.



## MEMORY GARDEN SERVICES:

- Individual and group activities
- Specially trained staff, 24/7
- Full housekeeping and laundry services
- Customized wellness programs
- Personal care assistance
- Case management
- Nutrition assistance and full meal service
- Medication and healthcare assistance
- On-site beauty salon and grooming assistance
- Private dining rooms for special occasions
- Secured exit control systems
- On-site PCP, physical and occupational therapists





## ***FREWSBURG REST HOME***

Known as simply “*The Rest Home*,” The Frewsburg Rest Home was purchased and completely renovated by The Tanglewood Group in 2014. It’s now a beautiful assisted living facility; a stunning Victorian bed-and-breakfast style home that offers a quiet, scenic environment where seniors can enjoy a social, activity-filled life with a touch of elegance and tranquility.



**The Frewsburg Rest Home** offers personalized care that promotes independence among its residents while encouraging a family-style environment. With outdoor walking paths and on-site exercise facilities, you'll be able to stay active with friends and family, or enjoy the calm and quiet of our serene location.

**The Frewsburg Rest Home** offers a variety of services and activities that encourage you to continue your mastery of an old hobby or try your hand at something new.

If you need a little extra assistance each day but want to stay in control of your future, The Rest Home offers you the best of both.

## FREWSBURG REST HOME SERVICES:

- Customized wellness programs
- Personal care assistance
- Medication and healthcare assistance
- Nutrition assistance and full meal service
- On-site beauty salon and grooming assistance
- Banking and business assistance
- Scheduled transportation
- On-site fitness center
- Full housekeeping services, including laundry
- Parties, activities, events, and more!





## *COTTAGES ON THE POND*

When you're ready to give up the hassle of homeownership without sacrificing your independence and autonomy, the **Cottages on the Pond** offer the opportunity to live independently while surrounded by a community ready to help whenever you want it.



When you're a resident of the Cottages, you enjoy the comfort of knowing that maintenance is taken care of, and you can spend your time doing what you enjoy. Cook meals at home, or have meals with others at the **Tanglewood Manor** dining hall. Tidy up the house yourself, or let **Tanglewood** staff take care of housekeeping.

**The Cottages on the Pond** are located in the same beautiful four-acre park as **Tanglewood Manor**. Come and go as you please – you can even bring beloved pets. And while you're here, rest assured that you're part of the **Tanglewood** community of support.

### COTTAGE FEATURES:

- Private residence
- 2 bedrooms, 2 baths
- Attached heated garage
- Cable TV, phone and Internet available
- Utilities included
- Washer and dryer
- Stainless steel kitchen appliances
- Wood floors
- Working fireplace
- Deck or patio
- Heated floors

### COTTAGES ON THE POND SERVICES:

- All services offered at Tanglewood Manor
- Home maintenance (lawn care, snow removal, repairs, garbage, etc.)
- Optional housekeeping services
- Optional meal services
- Personal care and medication assistance available
- Transportation services
- Pets welcome!

## TANGLEWOOD DAY & RESPITE SERVICES

The **Tanglewood Group** understands that sometimes, you just need a break. If you're the primary caregiver of a senior, you might struggle to find time for yourself. And if you're a senior, sometimes you simply need time to have a little fun and socialize with your peers.

That's why we offer day services and respite care. Visitors will receive the

same care and attention on which **Tanglewood** staff prides themselves, while caregivers can take a much-needed day off. And while all of our assisted living properties — Tanglewood Manor, Frewsburg Rest Home and Memory Garden — offer short-term, daily respite care services, we have several properties and programs dedicated solely to non-residential, daily assistance and socialization.



## COMFORT TODAY



Come for today, any day. If you're not ready for a full-time change but would relish a chance to get out of the house and enjoy time with friends, **Comfort Today** is a day and respite service that offers visitors many of the same great services and benefits enjoyed by residents, as well as:

- Coffee with friends – old and new!
- Breakfast and lunch provided
- Exercise opportunities and programs
- Games and recreation
- Salon and spa services
- Trained Tanglewood staff supervising and monitoring each visitor and each activity.

Walk-ins welcome, or schedule your visits in advance. Call 716-338-0500 to schedule or for more information.



## ***PARTNERS IN CARE***

**Partners in Care** is a homecare respite program designed specifically for families effected by Alzheimer's disease or dementia. Specially trained staff from **Memory Garden** will visit your home and assist with personal care, safety and socialization, giving caregivers a break without having to worry about their loved one.

- Hygiene assistance
- Supervision and safety monitoring
- Socialization
- Activities of Daily Living
- Personal care assistance

Call **716-488-9434** for more information and scheduling.

## ***FRIEND FOR A DAY***

Some days, you just need a little extra help, or someone you can call to keep you company during an appointment. **Friend for a Day** offers friendship and assistance with everyday tasks, such as:

- Grocery shopping
- Meal preparation
- Laundry and household chores
- Games and recreation
- Conversation and coffee/tea
- Appointments and errands

Call **716-483-2876** for more information and scheduling.





# MEMORY CARE SUPPORT GROUP

If you are a caregiver to someone with Alzheimer’s or dementia, at times you may feel isolated in the cycle of care. But there are others in your community facing the same challenges. **Memory Care Support Group** is a gathering place for you and others like you. This supportive group of caregivers and their loved one’s with Alzheimer’s or other dementias gather monthly to relax and enjoy each other’s company.

- Support and information
- A chance to relax
- Stigma-free environment
- Coffee, treats and activities
- Free! No fees apply

Walk-ins are welcome, but advance scheduling is appreciated.

Contact us at 716-488-9434



## Where Caring and Community Come Together

The **Tanglewood Group** understands that making decisions about the future, whether you’re making them for yourself or for a loved one, are seldom easy and shouldn’t be made alone. We’re here to assist you in any way we can. We’ll answer questions, set up visits and put you in touch with families like yours to help you make the right decision.

The **Tanglewood Group** is dedicated to helping seniors live as independently as possible, and our goal is to keep you out of acute care, or a skilled nursing facility. When you’re at any of **Tanglewood’s** facilities, you’ll be encouraged to do things for yourself, to help out your friends and community and to participate in any of the activities offered that bring you joy.

What sets **Tanglewood** apart? Our dedication to our residents shows through our incredibly caring, well-trained staff. We know we can’t replace your family, but we hope that once you get to know us, you’ll want to call us family. Because once you’re at **Tanglewood**, you’ll wish you had been here sooner.



## *Residencies Contact*

### **Tanglewood Manor**

560 Fairmount Avenue W.E.  
Jamestown, NY 14701  
716-483-2876

### **The Frewsburg Rest Home**

106 West Main St.  
Frewsburg, NY 14738  
716-569-3095

### **Memory Garden**

560 Fairmount Avenue W.E.  
Jamestown, NY 14701  
716-488-9434

### **Cottages on the Pond**

Gifford Avenue W.E.  
Jamestown, NY 14701  
716-488-9434

## *Day Services Contact*

### **Comfort Today**

17 Gifford Avenue W.E.  
Jamestown, NY 14701  
716-338-0500

### **Partners in Care**

560 Fairmount Avenue W.E.  
Jamestown, NY 14701  
716-488-9434

### **Friend for a Day**

560 Fairmount Avenue W.E.  
Jamestown, NY 14701  
716-483-2876

### **Memory Care Support Group**

560 Fairmount Avenue W.E.  
Jamestown, NY 14701  
716-488-9434



## **TANGLEWOOD GROUP**

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